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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

May 27, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Alpha Lipoic Acid supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Supports sugar metabolism.
- Alpha Lipoic Acid is a vitamin-like antioxidant that helps neutralize cell-damaging free radicals.
- Free radicals can contribute to oxidative stress, which plays a role in the premature aging of cells.
- As an antioxidant, Alpha-Lipoic Acid also helps revitalize the underlying structure of skin, so it can look healthier and more radiant.
- Alpha Lipoic Acid also helps metabolize sugar in the body and can be used as part of your diet to help maintain a healthy blood sugar level.
- Alpha Lipoic Acid also helps metabolize sugar in the body, especially in muscles, where it promotes energy.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Vice President, Nutrition Information

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